

# Volunteer Position Description: Introduction to Cooking classroom assistant.

Role:	Introduction to Cooking Classroom assistant (Volunteer)
Time commitment:	<ul> <li>1 shift per week, for at least 10 weeks</li> <li>Shifts are 2 hrs.</li> <li>Wednesdays 12 – 2pm</li> </ul>
Location:	Volunteers will work off site at male residential detox facility in Fitzroy
Reports to:	Pre accredited Trainer Introduction to cooking
Contact:	Please direct applications and questions to Ruby Foley: <a href="mailto:ruby@fln.org.au">ruby@fln.org.au</a> 9417 2897
About Fitzroy Learning Network	

## Our vision is of a strong, fair, inclusive, and engaged community.

Fitzroy Learning Network is a non-profit Neighbourhood House and Registered Training Organisation. Since the 1980s we have provided a wide range of programs and services to the Fitzroy community. We have a particular focus on refugees, asylum seekers, and people from migrant backgrounds. We recognise and use the strengths of our local community to create pathways to education, employment, wellbeing, and social connection.

We believe that the communities we support should be directly included in the way we work. For this reason, we strongly encourage applications from people from diverse cultural and language backgrounds, social housing tenants, Aboriginal and/or Torres Strait Islander people, LGBTIQA+ people, people with disabilities, and members of other marginalised communities.

We do not tolerate any form of discrimination or harassment from or towards staff, volunteers, or students. We are committed to providing a child-safe and inclusive environment. We have zero tolerance for child abuse.

For more information, please visit our website www.fln.org.au

#### About this role

The cooking class is conducted in the kitchen at the centre as it is a familiar environment. The class includes menu planning, working to a budget, recipe modification and research. Some students will already have some cooking skills, this class will put that knowledge to work as well as developing communication, team building and problem-solving techniques.

#### The role involves;

- Supporting the trainer and participants in the preparation and cooking of a healthy lunch.
- Listening and working with students to develop cooking skills, i.e. knife techniques, following a recipe, explaining the cooking process.
- Encouraging participants to use the skills that have developed to plan and cook the lunchtime meal.
- Checking in on participants wellbeing and sharing information with staff as required.



### **Key responsibilities**

- Facilitate small group work i.e., leading a small group discussion, organising participants to complete cooking tasks.
- Encourage participants to take part in discussions.
- Ensure participants clean up at the end of the lunchtime meal.
- Participate in the topics that are being discussed.
- Ensure participants work in a safe manner.
- Complete administration tasks, ensure the weekly attendance is recorded on site.

### What you need for this role

#### Must have:

- Great people skills
- Ability to work respectfully with people from diverse cultures and backgrounds.
- Patience and strong problem-solving skills
- Well-developed listening skills
- An understanding of the rehabilitation process
- A good understanding of cooking and preparing healthy and nutritious meals.
- Acceptable result from a police check (paid for by us), Working with Children Check and referee check. (Please note: people with criminal records are not automatically excluded. All applications are considered.)

### Nice but optional:

Background in Nutrition

## Why volunteer with Fitzroy Learning Network?

- Become a member of a volunteer team that supports your local community.
- Experience cross-cultural learning and connection.
- Develop new skills and use existing ones.
- Starting and ongoing training opportunities offered.
- We provide professional references to volunteers who commit for at least 3 months

#### How to apply

- Please email your resume to <u>ruby@fln.org.au</u> and tell us why you would be a great Gardening Coordinator.
- We are recruiting in 2021- Please apply as soon as possible.